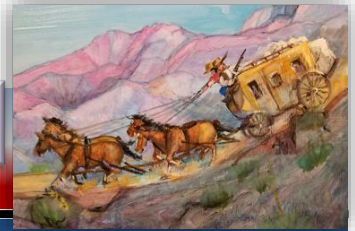


Neighborhood News

Watercolor by
George Benner



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wsk.murrieta@gmail.com

Hours: Fridays 9 to noon
*Check the Calendar for
the next Board Meeting*

2019 Board of Directors

President

Marcia Livingston
951-440-5611

Vice President

Glenn Ingraham
951-642-2897

Secretary

Nancy Misko
951-693-0093

Treasurer

James Sebring
760-294-1122

Architectural Director

Glenn Ingraham
951-642-2897

Facilities Director

Henry Kantrowitz
951-202-1130

*If you have an opinion, a
brief article, a joke, or an
interest that you'd like to
see in the Newsletter,
send it to the editor at:*

newsletter.wsk@gmail.com

From the 2019 Board of Directors

Thanks for stepping up! In the last issue of the newsletter we included an insert regarding the yard maintenance responsibilities we all share. And wow! Folks heard the message (well... most of us did). So, thanks. Thanks for sweeping your gutter and for knocking down those relentless weeds. And, thanks for being a good neighbor!

A big thanks also goes out to our Activities Team for another nice breakfast. These folks planned, setup, cooked and served, and then cleaned up after. While the members of that team do appreciate being recognized for a job well done, they'd even more appreciate a little help cleaning up after. Stick around next time and ask if you can help. You might just make a new friend!

Also, we appreciate the patience of those residents affected by the recent (and upcoming) roadwork. Any of us who have been through it know what a hassle it is to carry groceries home after having to park half a block away.

It's nice to invite guests to join us in playing on the pool table, soaking in the spa, taking a swim, or just relaxing on the pool deck. But please avoid embarrassing your guests being asked to leave because you're not there with them. Guests **MUST** be accompanied by the resident. Thanks!

You Ought to Know...

The Murrieta Senior Center...

Has more to offer than you might know!

- A **FREE** lunch program served Monday through Friday. If you are at least 60 years old, go to their facility at the corner of Juniper and Adams and complete the Intake Form.
- 'Popcorn and a Movie' happens each Tuesday at noon. Give them a call at **951-304-7275** to find out what's playing.

... also, cards, crafting, exercise classes, and more. Check it out!

WSK Pool RULES!

Well, yeah, it does 'rule'. It's a nice pool. And the pool, the spa, and the clubhouse pool table are all there for you to use and enjoy! Just be sure that if you have guests, you are with them at all times if they use any of

our facilities. Unaccompanied guests will be kindly asked to leave. A review of our video surveillance last summer showed multiple incidents of unaccompanied guests. In one case, their rough play ended up breaking the rope. This year, damages will be billed back to the WSK resident.

About time to break out the BBQ!

We live in pretty tight quarters around here. So, before you fire up the grill, consider your neighbor. Is that relentless breeze going to blow the smoke into their open windows? Or onto their porch where they're trying to enjoy the sunset? Maybe give them a shout and ask if they mind. Also, be fire safe. Position your grill away from combustibles (that can be tough to do on some of our lots). Have the hose handy in case glowing embers end up where they shouldn't!

Other Volunteers**Activities**

Nancy Misko
805 268-0523

Judy Bollin
951 813-3566

Audit Committee

Karen Lankford
951-440-7769

Clubhouse Rental

Josie Ingraham
951-897-6189

Emergency Prep

Jim Francis
951-440-2215

Library

Pierce & Norma Box
951-696-1070

Newsletter

Glenn Ingraham
951-642-2897

Outreach Committee

Shirley Sebring
760-522-9262

Property Maintenance Committee

Shirley Sebring
760-522-9262

Security & Comms

James Sebring
Glenn Ingraham

Senior Advocate

Shelby Price
951-461-7557

Web Master

James Sebring
760-294-1122

Police (non-emergency)
(951) 304-2677

VA Benefits
(951) 290-6500

Murrieta Senior Center
(951) 304-7275
Mon-Fri, 8 - 4

From the Treasurer**WSK HOA Year-to-Date Financials
as of April 30, 2019**

Operating Account:	\$ 50,736
Reserve Account:	\$ 63,466
Reserve Savings:	\$ 127,930
Total Balance:	\$ 229,402

June 2019**Board Meeting***Wednesday**June 12**10 a.m.***What has the WSK Board been up to?**

Property Maintenance Committee – Shirley and Josie (with help from Nancy) have done a great job of helping us all understand some of the simple things we need to do to keep our properties in decent shape (of course, many neighbors already have been doing amazing things with their patch in WSK!). Best of all, they delivered Thank You notes to those residents that are putting in the effort!! Well done!!

Road Work – Thanks to Jim Francis's hard work, Phase 1 the resurfacing of a section of Via La Colina is completed. Phase 2 will involve applying a Seal-Coat to the new pavement to protect it from the weather. One part of the project included exposing and removing large tree roots under a section of Via La Colina that had raised up and damaged the asphalt, then paving. Several other areas along our streets are beginning to show damage to the concrete curb and gutters. To avoid being charged for correcting this type of damage, don't plant trees close to the road and consider removing any that may pose a problem.

Spa Update – The recoating of the spa is complete (finally!). And a new heater has been installed. After the final tweaks are made to the new spa heater, the spa will be filled and gently brought up to temperature. It should be ready sometime in the first week of June.

Book Club

A group of neighbors meet monthly to discuss the most recent selection.

To join, call
Marcia at
951-440-5611

**Helping in an Emergency**

Some of our residents have the experience and/or training to support emergency responders (Fire Department) in the event of an emergency. CERT (Community Emergency Response Team) training is one way to become qualified to help.

Golf Knolls is considering hosting a free "Introductory Emergency Response Training Class" at their clubhouse. This abbreviated version of the 20-hour CERT training class will be offered in three weekly 3-hour sessions – a total of 9 hours. Note, there will be an exam upon completion. Call Bob Bonham for more info: **951-553-4478**.



Snake on your property?***DON'T KILL IT!***

Call Glenn or Henry first!! Or just let it wander off on its own.

Doings at the Clubhouse

Residents and their guests come to the WSK Recreation Center to enjoy WSK community parties and events, play cards, to shoot a game of pool, to borrow books or puzzles from the Library, and of course, to swim.

WSK residents who want to host large gatherings of family and friends can rent the clubhouse, kitchen, and BBQ for their exclusive use (rental does not include use of the pool).

Memorials require a reservation but no fee is charged for WSK residents.
Contact the Board for more info.

Do you have an idea about equipment or events you'd like to see at the Clubhouse?
Maybe a ping-pong table or an exercise class? Contact the Board!

Unit 1 (Spring Knolls) Clubhouse

- Friday BBQs – 5 to 7 p.m. \$6
Meat and Veggie Burgers and more!

Unit 3 (Golf Knolls) Clubhouse

- Bingo – 6:30 p.m. Fourth Thursday each Month.

Activities News – Nancy Misko and Judy Bollin

We had another great breakfast this past month. It's always so nice to see so many of our neighbors and friends come together to share a meal and cup of coffee or two. And the proceeds help us fund more events, so keep coming back! Thanks to the members of the Activities Committee and the other volunteers who helped plan, setup, serve, and a special thanks to those that helped with the clean-up!

Below are activities at other units (call Nancy or check the website for more info):

Craft Fair - Golf Knolls October 12th - To reserve a table call Gay at 619-818-0477

Social Security Imposter Scam: It's Growing

Fraud.org and the FTC caution us all to remember:

- Don't trust your phone's caller ID. Scammers can use the Social Security Administration (SSA) name and phone number.
- Never give your Social Security number or other personal info to a caller. The SSA will never suspend your number. If anyone tells you something different, you're being scammed.
- The SSA will never call you out of the blue and will never demand money. Government agencies never demand you pay something using gift cards or Bitcoin. If you have a question, check with the SSA at 800-772-1213. Talk about the scam with friends, family and neighbors. Report government impostor scams to the FTC at [ftc.gov/complaint](https://www.ftc.gov/complaint). This article originally appeared on Asbury Park Press.

- Shelby Price

Henry's Eco Corner

This article will focus on cattle and domestic animal farming and their huge impact on our environment. I am writing these articles to inform you. Of course, what you think about them is entirely up to you. Being informed opens us to different choices we can make regarding our impact on mother nature, our planet.



According to a Smithsonian Report, livestock species substantially contribute directly and indirectly to deforestation, water pollution, air pollution, greenhouse gases, global warming, desertification and human obesity. Virtually anywhere you go in the world, the damage done from raising beef for food can be seen. In California, precious river water needed for crops is used to grow a million acres of water-intensive alfalfa - the state's largest crop – for cattle feed.

Cows produce over 100 million tons of global warming methane gas in the U.S. each year. Methane gas is 23 times worse for the environment than CO2. According to the EPA, the runoff from factory farms (cattle, pig, chicken, and turkey farms) pollutes our waterways more than ALL other industries combined. The United States, livestock production is responsible for 55% of our land's erosion, for 37% of all applied pesticides and for 50% of antibiotics consumed in the U.S. These farm animals directly consume 95% of our oat production, 80% of our corn and 75% of our soybeans.

The entire cattle industry on the planet causes more global warming pollution than all of the air pollution from cars, trucks, trains, planes and ships on the planet. And did you know that seventy% of the deforested land in the Amazon rain forest is used as pasture for cattle. Cultivation of soybeans for cattle feed is most of the remainder of the deforestation in the Amazon.

So, what can do we do? Opt out of the livestock industry. At least considerably reduce your intake of chickens, pigs, and turkeys. And remove beef from your diet. You will be doing yourself good and the planet as well. The animals will thank you for it. These days, there are more and better tasting plant based substitutes for meat products. A couple of plant based suggestions are "Beyond Meat" burgers and "Beyond Meat" sausage. The Impossible Burger, Beyond Meat products, and Beyond tacos can be purchased at certain grocery stores, restaurants, and fast food chains (Carl's Jr. and Del Taco).



Help keep this planet healthy for our children and grandchildren. Bon Appetit!

Quote of the month.... *"Nothing will benefit human health and increase the chances for survival of life on earth as much as the evolution to a vegetarian diet"* - Albert Einstein

June Gardening Tips

- by Henry

It is not too late to purchase young snap beans, beets, carrots, celery, chard, cucumbers, egg-plants, melons, okra, peppers, radishes, spinach, summer squash, and tomatoes. Choose transplants that aren't root bound. Confined roots can't spread out fast enough and the weather will be heating up. Root bound veggies won't absorb enough moisture and nutrients to survive summer heat, so they frequently wilt or die. Gently loosen the root balls of transplants before planting them so roots can quickly reach out into surrounding soil to establish themselves.

Some vegetables are more efficient than others at producing more food for the amount of garden space they use and the time they require from you. Carrots, cucumbers, onions, summer squash, and tomatoes produce the most. Yields of cucumbers, squashes, and tomatoes can be even greater when they are grown on trellises, saving soil space for growing more crops.



For greater yields, feed eggplants, peppers, squashes, and tomatoes when they blossom. Assure a plentiful set of peppers and tomatoes by increasing the magnesium available to the plants by dissolving one tablespoon of Epsom salts in one quart of warm water. Then spray or sprinkle the solution on the leaves and blossoms. Pour the remainder in a ring around the plant at the drip line. Repeat this several times during the blossoming period. That's all for now. Enjoy your gardening. It is good exercise as well.

Oh, by the way...

If you put up signs for the garage sale, an estate sale, or for anything else, please remove them when your event is over.

We have walkers and wheelchairs available in our clubhouse for our residents to use on a temporary basis. Call the office if you would like to borrow either of these items.

The WSK Board often receives suggestions for, events and improvements in our community. Input from our residents is always welcome. Just remember that Board members have their hands full with the many things that have to be done to keep our community functioning. That's why the Board will always ask the resident to help make that improvement or event happen. So, if you want something changed or done, please get involved.

Painting Class?

Our neighbor, George Benner has been teaching 6 of our neighbors to paint with Watercolors for the last few weeks. Who know it could be so much fun?!



The class works on this week's lesson

George (middle) shares tips with two students



The class lasts just a few weeks and costs \$15. George supplies everything you need. He's planning to hold another class in September. Sign-up will be on the Bulletin Board.

Street Maintenance Project – Jim Francis

The road improvement project for this year on Via La Colina is 98% complete and, in my opinion a big improvement over what it looked like before. There are however, two more pieces of work to be completed, currently scheduled to start on Tuesday, July 16th:

- The new asphalt on Via La Colina will be seal-coated to help protect and preserve it (keeps the asphalt oil from evaporating). Unfortunately, this will again require a street closure of approximately 24 hours.
- A day or two after seal coating, final painting of 'Stop' and 'Speed Limit' markings, stop bars and speed hump/bumps will occur.

*** Specific details will be provided by newsletter and flyer. ***

Again, thank you for your cooperation and sorry for any additional inconvenience this work will create.



The contractor team hard at work laying new asphalt on the North end of Via La Colina

A pile of roots pulled from the section of Via La Colina where they had caused buckling of the road



The asphalt has been removed and one of the roots that caused the problem is being cut away



Scruffy Says... **“Some things are better left alone...”**

At least that's what my person said after... But, I better tell you the beginning of the story first.

Spring is the time for new life, and every day I see tender little ones peeking from their burrows or scampering after mom and dad in the search for food. I love watching them!

One early morning after I'd watched a family of quail bustle through the yard, I heard faint cheeping sounds coming from under the big bush at the back of the yard. I crept up to the bush, then carefully nosed through the branches until I could see the big open space inside. There, nestled in leaves and twigs sat a tiny bundle of feathers and fuzz. A baby quail, no bigger than my paw. All alone! It cheeped up at me. Right at me! Looking scared and hungry. What else could I do but find it some food. For the next few days I used my awesome powers of stealth to pounce on snails (ok, snails aren't that fast), crickets, grasshoppers, and anything else I could find. Each time, I crept back under the bush to lay the treasure in front of the cute little fluffy feathery adorable thing. It ate what I brought it! It seemed happy enough under the bush, so I kept it a secret. It needed to get strong enough to rejoin its family. And it needed my protection from coyotes and hawks and cats and anything else that might want it for dinner. It needed me!!

But now, laying on the porch with my miserable chin on my miserable paws, I know I should have just left it alone. Or gotten my person's attention and led him to it so he could have done the 'right thing'. Whatever that is. Maybe I could have gently picked it up and raced after the parents. But they would have fled shrieking from the crazy dog with their chick in his mouth. No. Leaving it alone would have been best. At least, it couldn't have been worse than what did happen. I don't want to talk about it. Mimi knows something happened and she knows I'll tell her when I can. But for now, I'll just say that while it's fun to leap and dance with the joy of new life as it peeks and toddles its way into the world, it's important to remember that it is a Wild World. And just like everyone else, wild things have to eat, too.

“Trying to do good is always the right choice. It's just that the right thing is often the hard thing.”



A Young Crow on her own, Best
wishes young friend

A ROYAL VISIT – *submitted by Eve Japha*

In light of the recent excitement over the birth of a new Royal Baby, I am reminded of my own encounter with the British Royalty in 1946. As a young woman of 21 I lived in Johannesburg, South Africa and worked at the fancy Carlton Hotel. One day our manager announced that the hotel was expecting Royal visitors: King George, Queen Elizabeth (we know her as Queen Mum) and the two princesses, Elizabeth and Margaret! Of course, we were delighted because, after all, we were governed by Britain at the time, even though secession was in the air. Ultimately, when S. Africa did secede from Britain in 1960, the economy crashed, and S. Africans went absolutely crazy. The value of the British Pound plummeted. Mad scenes took place at the banks and sadly, I had to leave S. Africa.

However, back to the Royal visit; the Royal Family arrived, and we were told we would be seeing them only through the mezzanine floor. Even so, we were completely in awe of seeing them so close-up and “almost” in person – it was the Royal experience of our young lives.

What a change since then; I certainly feel the difference having lived in S. Africa 33 years and in America for 61 years, and I am grateful to still be standing on my own two feet. Over these years I have met the loveliest people who have come into my life and I hope my remaining life will be as happy.

The Royal Family in 1946



WSK Clubhouse Calendar

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Aquacise Every M – F 8:30 am	4 <i>Ramadan Ends</i>	5 Hand & Foot 1 p.m.	6 <i>Trash & Recycle</i>	7 Board Office Hours - 9-12	8/1 June 8 Private Party
9	10	11	12 Board Meeting 10 a.m.	13 <i>Trash Day</i> Hand & Foot 1 p.m.	14 <i>Flag Day</i> Board Office Hours - 9-12	15
16 <i>Father's Day</i>	17	18 Mexican Train 1 p.m.	19 Hand & Foot 1 p.m.	20 <i>Trash & Recycle</i>	21 Board Office Hours - 9-12	22
23	24	25 Mexican Train 1 p.m.	26 Bunco 1 p.m.	27 <i>Trash Day</i>	28 Board Office Hours - 9-12	29 Private Party
30	June Flowers: Rose, Honeysuckle June Birthstones: Pearls, Alexandrite, and Moonstone			We're on the Internet! www.theknollofmurrieta.org		