Warm Spring Knolls (WSK)

A 55+ Community

Neighborhood News

38145 Via Del Largo Murrieta, CA 92563

Office: (951) 677-5758

wsk.murrieta@gmail.com

Office Hours: Fridays - 9 to noon

Check the Calendar for the next Board Meeting

2021 **Board of Directors**

President

Glenn Ingraham 951-642-2897

Vice President

Henry Kantrowitz 951-202-1130

Treasurer

James Sebring 951-365-3419

Secretary

Marcia Livingston 951-440-5611

Architectural Director

Rick Martinez 559-816-9240

Facilities Director

Nancy Misko 805-268-0523

Keys & Calendar

Marsha Brinker 951-219-3691

If you have an opinion, a brief article, a joke, or an interest that you would like to see in the Newsletter, send it to the ⇔ editor at: ⇔

newsletter.wsk@gmail.com

From the 2021 **Board of Directors**

In Memory of ... Bob Hyink Art Yorke Robyn Wright Hope you are staying cool this summer. Autumn is nearly here but with these hot

days we continue to have a high fire risk. Make sure you have debris and excess brush around your home cleaned up. Don't forget that we have a General Meeting coming up in mid-October. The date and time will be announced in the next newsletter. We have openings on the board to be filled in the upcoming election in January by eligible homeowners. Come on into the office on Friday morning or call a board member to learn more about what we do. As always, a big thanks to our volunteers. Whether you're helping around the pool, spa, or clubhouse; or serving on a committee or on the board of directors, YOU make a difference! Thank You!! Speaking of appreciation, if you see Jim Francis on his daily walk, tell him thanks for the great job he did in getting our street maintenance done this year. Nice work, Jim!! So, it looks like the sale of the property known as the Bible College is final. The Hot Springs Resort should open in the fall of 2022 after renovation is completed.

You Ought to Know...

Murrieta Birthday Bash

The annual party celebrating Murrieta's birthday will be held on Saturday, September 4th starting at 2 pm at the Cal Oaks Sports Park. With all the live music and events planned, you'll want to get there early to stake your spot! Fireworks start at 9 pm. Remember that the fabulous fireworks display will be viewable from the pool deck.

Pool/Spa Closing Time

For a variety of reasons, daily closing time for the WSK Pool, Spa, and Clubhouse is 9 pm. Please be sure to be finished with any related activities (including showering!) by 9. And please, if you are reminded by the volunteer closing the facility that it is closing time, be respectful. It would be a shame to lose pool privileges over something so trivial.

'Do Not Call' Registry

This service began with a 2007 law which was enacted to stop telemarketers from calling a phone number that has been registered with the service. Signing up for the free service will block some calls,

but unfortunately, many robocalls originate outside U.S. jurisdiction. The service also does not block calls from political parties, candidates, or charities. Nevertheless, signing up is a step in the right direction and it's easy! To sign up on the Do-Not-Call registry, call 800-382-1222, or go to the web-site: https://www.donotcall.gov

Departures

As a senior community, we see our share of losses of good friends and neighbors and often mark them in this newsletter. Fortunately, this note is written to mark only the relocation of our good friend George Benner from WSK to an apartment in an assisted living facility in Davis, CA. You might recall that George, a renowned artist, shared his time and considerable skills to teach many of us how to discover our own budding talents with watercolors. A generous man, he also donated the widescreen TV we use at Board Meetings and at special events. Despite his recent physical challenges, which are known well by the aged, at 92 George always had a warm smile for his friends... which are many! He will be missed.

2021 Volunteers

Activities

James Sebring 951-365-3419

Audit Committee

Woody Smith 951-760-6133

Clubhouse Rental

Marsha Brinker 951-219-3691

Emergency Prep

Holly Martinez 559-816-0635

Library

Pierce & Norma Box 951-696-1070

Newsletter

Glenn Ingraham 951-642-2897

Senior Advocate

Shelby Price 951-461-7557

Streets/Infrastructure

Jim Francis 951-440-2215

Website

James Sebring 760-294-1122

Welcome Committee

Terry Quinn 541-788-8293 Holly Martinez 559-816-0635

Murrieta Senior Center

(951) 304-7275

Police (non-emergency) (951) 304-2677

Waste Management

(Trash bin replacement) (714) 558-7761

Trash pickup scheduled for Sept. 9th will take place on Sept. 10th due to Labor Day on the 6th.

From the Treasurer

James Sebring

WSK HOA Financials YTD as of August 31, 2021

Operating Account: \$ 91,582 Reserve Checking: \$ 55,282

Reserve Savings: \$ 134,495

WSK HOA Board Meeting

There will be no Board Meeting in September

Facilities Update - Nancy Misko, Director

First, I would like to thank the residents who have been volunteering their time at our pool by sweeping pavers, cleaning furniture and tables, and locking up our pool & spa area each night!! **Thanks to**

Linda Robinson, Amparo and Duane Fields, and Collette and Dale Alan!! Your help in our community is so much appreciated.

Second, I would like to thank the residents who frequent the pool and abide by the pool rules and by the posted 'Kid's Hours'. This has been working out quite well. Remember, Kids Hours are **11 am to 3 pm** daily. And... don't forget **kids under 18 are not allowed in the Spa**. Thanks again.

Here are a few issues that we all, as paying HOA members, should be aware:

- Our pool is for residents. All guests must be accompanied at all times. I have witnessed grandkids in the pool **by themselves** while grandma or grandpa sits in the jacuzzi. PLEASE do not let this happen. A child can drown in **seconds**!
- Keep children out of our new planted areas! Again, I have observed kids running into the dirt to play with our beautiful new fountain. If you see this happen, please advise grandparent and/or parent that this is not allowed. We will check the video! We've already lost at least one plant.
- I have also been called for rough play by kids and adults in pool. We are a 55+ community and our pool was meant for relaxation and exercise by seniors. Yes, many of us have grandkids but there are other pools at local gyms and rec centers available to kids.
- Food is allowed *only* in the breezeway picnic table area. While cleaning pavers near the pool I find food, bottles, cans, and trash. Come on folks!
- SHOWERS are not for personal bathing! Please limit your shower after swimming to 5 minutes. We have seen residents using the shower almost daily for over half an hour each time. Each bathroom has only one shower each so this creates an issue. It is also costing us in water and gas bills.
- The pool area closes at 9 PM. We depend on volunteers to lock up the pool/spa and they often find people still there at 9 pm or after. Make sure you are done with showering and clean-up and out of the gate by 9 pm. Please be courteous and avoid risking the loss of pool access.

We're glad to see our residents enjoying the pool during this HOT summer. Just remember that we are all in this together. If you want to help, or if you see something unusual, whether behavior or something physically wrong in the area, please speak up by contacting me or any other Board member. *Thanks!!*

WELCOME COMMITTEE - Holly Martinez & Terry Quinn

We go to each new resident of WSK in hopes of giving them a hearty, warm welcome and to ensure that they are familiar with the ins and outs of our wonderful community. That being said, there is nothing quite like a neighbor stopping over to a newcomer's home to give their own special welcome to their corner of the neighborhood.

With that in mind please join us in welcoming the following new residents:

Laurel Garza - 38014 Via del Largo

Lise Anne Ledoux - 38028 Via la Colina

Raymond and Debra Clark - 28760 Via Estrella

We are so happy you're here!

Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something odd about Mabel's ear and said, "Mabel, did you know you've got a suppository in your left ear?" Mabel answered, "I have a suppository in my ear?" She pulled it out and stared at it. Then she said, "Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is."

Homeowners! We need You!

Budget Planning: We're beginning development of the 2022 budget, and we welcome your input. Join us in planning next year's spending on improvements and maintenance for our WSK HOA. Now is your chance to have a voice in how our money is spent! Just give the board a call at **961-677-5758** or come by the office Fridays between 9 and noon.

MORE FOR YOU

Benefits Checkup by **Kristina Merrick**

I am YOUR Local Medicare Advantage Plan Health expert which includes Medicare-Medi-CAL Plans,



Medicare Supplement Plans, Prescription Drug Plans, and Individual Family Plans. This Fall, there will be changes to many health plans so be sure to call me with your questions. If you're leaving a *Group Plan* or *turning 65* this year, call me right away to assist you in the transition from Group to Individual Insurance.

Are you getting all the money-saving benefits that Medicare can offer you? Call to find out.

Kristina Merrick

(951) 805-7588 (TTY:711) 9am to 5pm email: KMerrick@SBHIS.net www.sbhis.net

Got a snake or other critter? Don't kill it! Just keep an eye on it from a distance and call or text:

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Henry 951-202-1130

Glenn 951-642-2897

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\$130,000	13,000	63,000	26,000	100,000	1,000	\$367
\$140,000	14,000	65,000	28,000	100,000	1,000	\$392

CA license 0D50865

Rates are examples of replacement cost on <u>newer</u> manufactured homes in most CA parks with a \$500 deductible.

WSK 2020-21 Streets Project

Jim Francis

I've had a few questions on the work recently done on our streets (August 9th – 11th). Let me clarify a bit.

- The project was a combination of 2020 & 2021 planning and budgets.
- It included patching, crack-filling, and seal coating of about 90% of our street surfaces (Arboleda, Calusa, Del Largo, Escarpado, clubhouse parking lot, and portions of La Colina and La Paloma). The remaining portion of La Colina (plus Donoso, Del Sol, and Estrella) will be included in future years, depending on budget.
- WSK has responsibility for the portion of La Paloma that was sealcoated. The short portion of La Paloma between Zapata & Playa Del Rey (and all of Zapata) is the responsibility of Golf Knolls and is awaiting their future action.
- Responsibility for maintenance of Playa Del Rey (between La Paloma and Princesa) is shared by Spring Knolls (80%), WSK (10%) and Golf Knolls (10%).

I hope this helps. And I'd like to thank all of you cooperative residents who made this project run so very smoothly - GOOD JOB!

WSK Book Club

The group will meet on September 21st @ 7 pm at the Clubhouse and will be discussing *Camino Winds* – by John Grisham For more info contact: Marcia Livingston at 951-440-5611

Disposal of Household Hazardous Waste

Got paint? Or unused medications, automotive liquids, electronics, batteries, or pesticides? Well, don't throw them into the regular trash! Hazardous waste must be disposed of properly. Call 951-486-3200 to get more information on the Murrieta facility (open Saturdays, 9-2).

This morning my son said that his ear hurt, and I said, "On the inside or the outside?"

He thought for a few seconds, walked out the front door, then he came back in. "Both", he said.

Moments like this have me wondering if I'm saving too much for college...

It is with sadness we mark the passing of long time WSK resident, Art Yorke. Always glad to see old friends and even more glad to make new ones, Art was always a pleasure to be around. His cheerful smile will be sorely missed.

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In Memory of Robyn

- by Henry



I am sorry to say that one of our community members, Robyn Wright, passed away on August 4th. She was a roommate of mine for several years and a very close friend for 20 years. She helped many in the community with their personal problems as she was a therapist for a few decades. She will be missed by many. She passed away from pneumonia and was a young 70. Her survivors include her son Matt, her daughter Jamie, and her two grandchildren Hailey and Avery.



Senior Advocate - Shelby Price

Seven Suggestions for Seniors

Reading: Stress is a major source of health problems. Simply picking up a book & escaping into another world can reduce stress levels 68% according to a study out of the University of Sussex.

Gardening: The physical activity of gardening, combined with being in a lush, green atmosphere, can enhance & extend life.

Cooking: Restaurant foods & processed goodies can wreck your health. And frequent eating out is costly!

Listening to Music: Listening to live or recorded music can boost your feelings of self-worth, closeness to others & mental stimulation.

Volunteering: One of the best ways to do a little good for yourself is to help others. Proper motivation is the key.

Walking: Hands down one of the best exercises you can do regardless of your body mass index. But you do have to put some effort into it to get the life-extending perks.

Owning a Pet: Recent study authors believe walking a dogand getting a little extra exercise may play a big role in improved health outcomes.

Source: Money talks News.



National Preparedness Month Kick-Off

- Holly Martinez, Emergency Prep Coordinator

Come join your friends on **Wednesday, September 1**st from **12 noon - 6 pm** at the Temecula Civic Center (41000 Main Street, Temecula). You'll be able to explore fire engines, meet local disaster service workers, experience the West Coast's largest earthquake simulator, see live fire extinguisher exercises, and learn about disaster & safety preparation.

Got a Party?

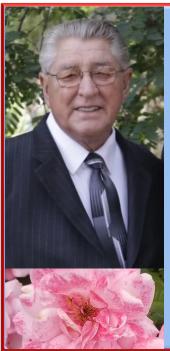
Clubhouse Rental Available to WSK Residents! 4 hours or less - \$100, up to 6 hours - \$150, \$200 Security Deposit. Kitchen rental: Add \$40. Contact Marsha 951-219-3691

'I just cleared out some space in my freezer' sounds much more productive than 'I just polished off another pint of ice cream'.

The First Community Breakfast of the Year!

Hats off to James Sebring and the Activities Committee (and others!) for hosting a wonderful community breakfast! Friends from Spring Knolls and Golf Knolls joined WSK residents at our Clubhouse for a long overdue get together over good food and conversation. It's been so long that no one wanted to leave!





In Memory of Bob Hyink

An Icon in WSK History

Newcomers to WSK won't know of the important contributions made to our community by past residents, such as Bob Hyink. Like many before and after, Bob and his wife Marlys moved into WSK and got busy. Their lives were already full with adult children and grandkids, hobbies such as fishing (which Bob loved), as well as their commitment to their church. Nevertheless, Marlys started producing the WSK newsletter while Bob began what would be years of service on the WSK Board of Directors and on the Emergency Prep team. According to those that knew him, those were satisfying and sometimes turbulent times during which Bob and Marlys made many good friends. They had an impact on our community which is still seen to this day. Bob was there with his wife when she succumbed to cancer several years ago and sadly, on July 30th Bob also passed.

Scruffy Says... "Living the Good Life..."

Having a kind person to love, a place safe from the weather, regular food and water, and maybe a soft pillow to sleep on are the makings of a great life for tail-waggers like me. Ok, I guess even cats like Zsazy need a person (or a dog) to sharpen their claws on. Just the simple things that make a nice life. But with the summer heat and the dangers that lurk in the shadows, we need a bit more to help us be the best furry pals we can be.



Food – bring it on! Yep, that's how I felt when I finally found my way into my person's home. In the rough, you eat what you can when you can. It's kind of a dog's basic way of being. I mean, who doesn't like to eat? Fortunately, my person knew better. No matter how adorable I tried to be (and yes, I can be quite adorable. It's one of my furry superpowers!), he wouldn't budge. What a tail-twister! I knew there was more in the cupboard, just waiting there for me. Oh sure, I still get the occasional treat during the day and at night, but at meal-time, my food is always carefully measured out for a guy my size. Too bad all my furry pals in the neighborhood aren't as carefully fed.

Fresh water – Okay, my point may not be very credible here. I know you've seen us licking from puddles and the odd moist stain on the street can be pretty enticing, but... Please make sure we have a source of fresh water. Or even two! Mimi and I have a water bowl outside and one inside near our food bowls. It's hard to understand how much that means unless you've ever been swollen tongue and cracked-lip dry. And it can happen fast and you'll never know it until it's too late. One thing we don't do is complain. Unless we're desperate.

Exercise – Please take your furry pal for a walk. And if you can't, please find someone who will. Oh sure, being driven in a cart to a patch of grass where we can do our business while you gab with your friends is nice. But it's not enough. A regular energetic walk works out all kinds of doggie kinks and brings us closer to our person. We're happier and we sleep so much better! So will you.

Love – Sometimes I imagine a person walking with a teenage younger person in the neighborhood. What would the reaction be if when they met with other persons if the teenager started shouting angry words and threatening the other persons? I'm not sure, but I don't think anyone would start comforting and patting the teenager on the head. No persons would tolerate that behavior in my neighborhood. So why, when some little furry gal or guy starts with the tough dog attitude, do the persons think it's cute or that the dog needs comforting? No! If you love them, that angry hostile behavior has to be discouraged. The person is the pack leader and must let us know what's ok and what's not.

Hot Paws – you know we'll follow you anywhere, even out onto the blistering hot asphalt of a summer day. That's how much we love our persons. So please, take us on our walks in the early morning or late in the day.

WSK Clubhouse Calendar

We're on the Internet! www.theknollofmurrieta.org

September 2021

				1	
26	19 Private Party Clubhouse Closed	12	5		Sun
27	20	13	6 Labor Day	Aquatic Exercise 8:30 – 9:30 Every Day Monday-Friday	Mon
28	21	14	7 Rash Hashana Jewish		Tue
29	22	15	8	1	Wed 202
30 Trash Day	23 Trash & Recycle	16 Trash Day Yom Kippur Jewish	Trash pickup is a day late due to Labor Day!	2 Trash Day	Thu
September Birthstones Sapphire September Flower Aster, Morning Glo	Board Office Hours 9-12 Marcia Livingston Native American Day	Board Office Hours 9-12 Henry Kantrowitz POW/MIA Recognition Day	Trash & Recycle Board Office Hours 9-12 Nancy Misko	3 Board Office Hours 9-12 James Sebring	Fri
nber Birthstones Sapphire nber Flower Aster, Morning Glory	25	Air Force Birthday	Private Party Clubhouse Closed	4 Murrieta Birthday Bash Cal Oaks Sports Park	Sat